

Lifestyle and Moral Principles Lesson Plan

All these lesson plans cover all:

UK RE attainment targets

(Sacred Texts • Beliefs • Practices • Identity • Values • Living)

Assessment sheets clearly show:

KS1 → KS2 progression

**Suitable for planning evidence,
moderation, and Ofsted**

ASSESSMENT AIMS: 5. Values (moral ideas, attitudes, virtues, right & wrong).

- Can identify values taught by religions (e.g. kindness, forgiveness).
- Can explain why these values matter to believers.
- Can give examples of good and bad choices.
- Can explain how beliefs influence moral decisions

The topics covered:

- Do we have honesty, kindness, seek justice, forgive others and have self-control?
- These values can be viewed as standards.
- Are the Ten Commandments relevant today?
- How do you know what is right or wrong with so many influencers today?
- What is the role of our conscience?
- If certain standards are not followed, how does that affect our communities?

Included: RE Assessment Checklist

Teacher's overview of this ready-to-use lesson plan:

Here is the overview to satisfy the National Curriculum, combining multiple agreed syllabi:

- What does it mean to live a good life in different faiths?
- How do different religious and non-religious groups decide what is right and wrong?
- How relevant or helpful in modern life are religious teachings about how we should live?

These are the specific questions covered and are in the Assessment at the end of the lesson plan:

Q. What are your school values?

Q. What do you think are the values of your community? How would you find out?

Q. The first 4 commands of the 10 Commandments, who or what do they relate to? Can you give any examples?

Q. The last 6 commands, who or what do they relate to? Can you give any examples?

Q. There are many voices in our world. What are they?

Q. How could anyone do something terrible, but their conscience says it's okay?

Q. What effect do we have on our community when we don't follow certain standards?

Resources required:

- None required.

Lifestyle and Moral Principles Lesson Plan



Q. What are your school values?

Many people may not know very much about Christianity, but there is one thing that everybody would agree on, and that is if someone calls themselves a Christian and then they behave in an aggressive manner and swear and use bad language, then the response would be: “Call yourself a Christian!”

Being a Christian means having a lifestyle that has certain standards.

Q. What do you think are Christian values?



Good values:

Honesty

Find an
adult

Kindness

Think of
others

Justice

Forgive
others

Self-
control

Own up

Scenario 1:

On Monday, the school had just finished and the children were walking out of their classes.

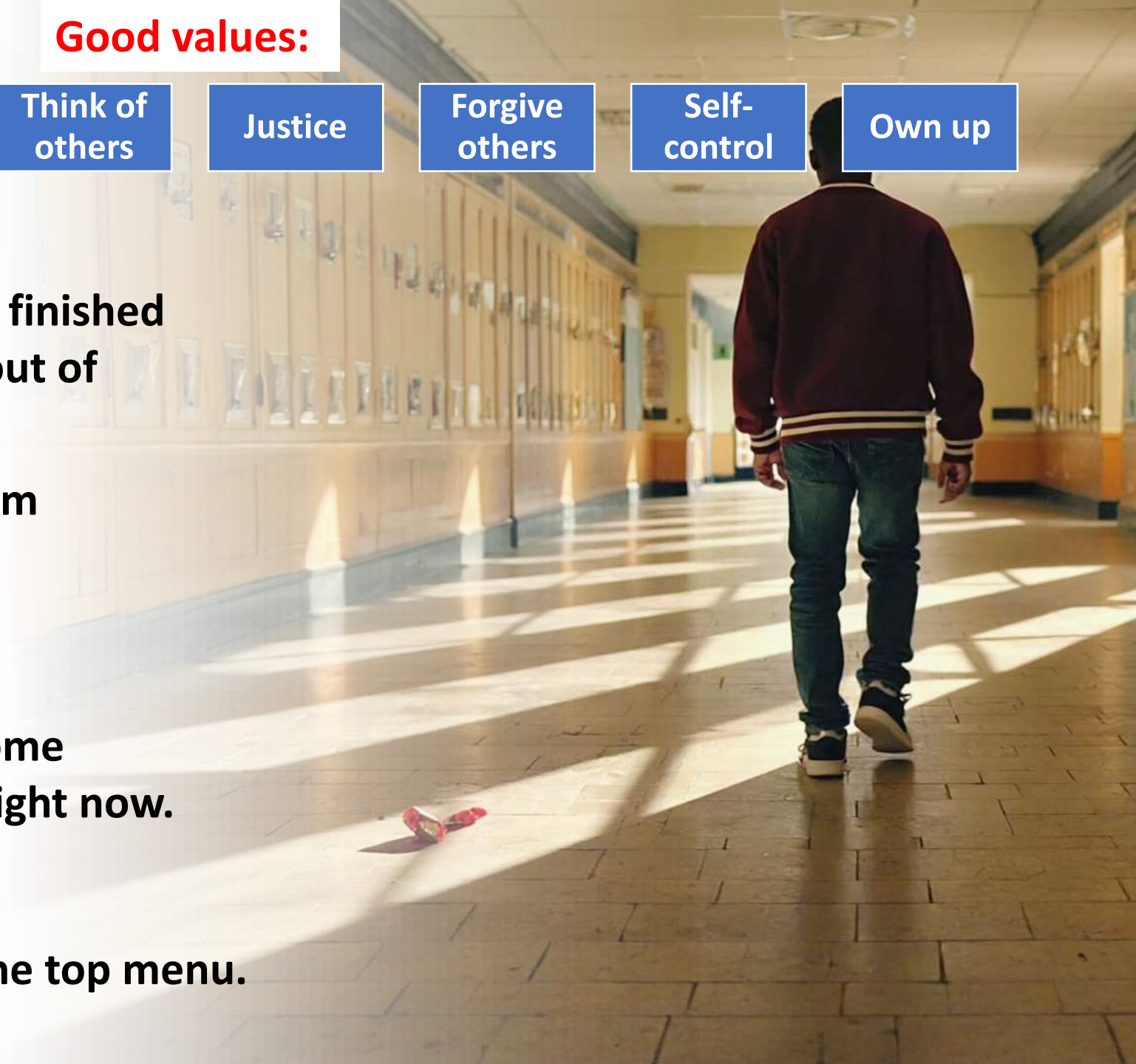
Edward saw something drop from someone's jacket.

What was it? Sweets!

No one else had noticed, and some sweets would taste really nice right now.

Q. What should Edward do?

Choose two good values from the top menu.



Good values:

Honesty

Find an
adult

Kindness

Think of
others

Justice

Forgive
others

Self-
control

Own up

Did you choose 'honesty' and 'kindness'?

Scenario 2:

On Tuesday, out on the playground, Edward noticed a boy and a girl holding something high in the air above another boy's head.

He heard one boy say: "Give me my bag back!"

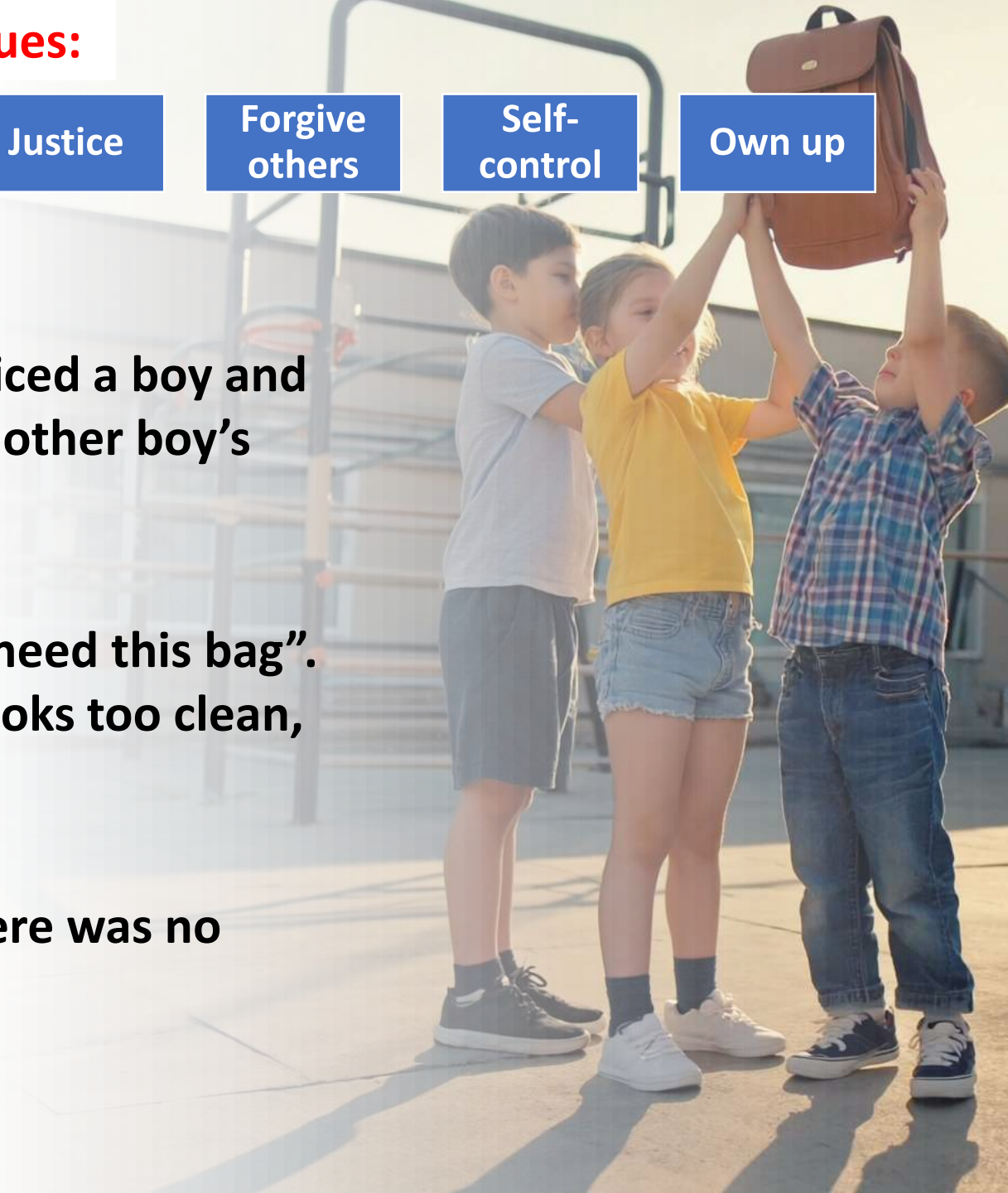
One of the two said, "You little swot, you don't need this bag". And the other answered: "Yeah, and your bag looks too clean, so we'll soon change that!"

Edward really wanted to get home quickly.

There were things that he wanted to do, and there was no time to waste!

Q. What should Edward do?

Choose four good values from the top menu.



Good values:

Honesty

Find an adult

Kindness

Think of others

Justice

Forgive others

Self-control

Own up

Did you choose 'find an adult', 'thinking of others', 'justice' and 'kindness'?

Scenario 3:

On Wednesday, Paul, a friend of Edward's, said that he would come over that evening.

So Edward had his tea, and then he waited and waited, and waited. But Paul never showed up.

The next day, Edward said to Paul, "What happened to you last night? I thought you were coming round!"

Paul answered: "Oh, sorry, I totally forgot about it."

Edward felt hurt that Paul had forgotten.

He had said he was sorry, but Edward got more and more angry about it.

Q. What should Edward do? Choose two good values from the top menu.

Good values:

Honesty

Find an
adult

Kindness

Think of
others

Justice

Forgive
others

Self-
control

Own up

Did you choose 'forgive others' and 'self-control'?

Scenario 4:

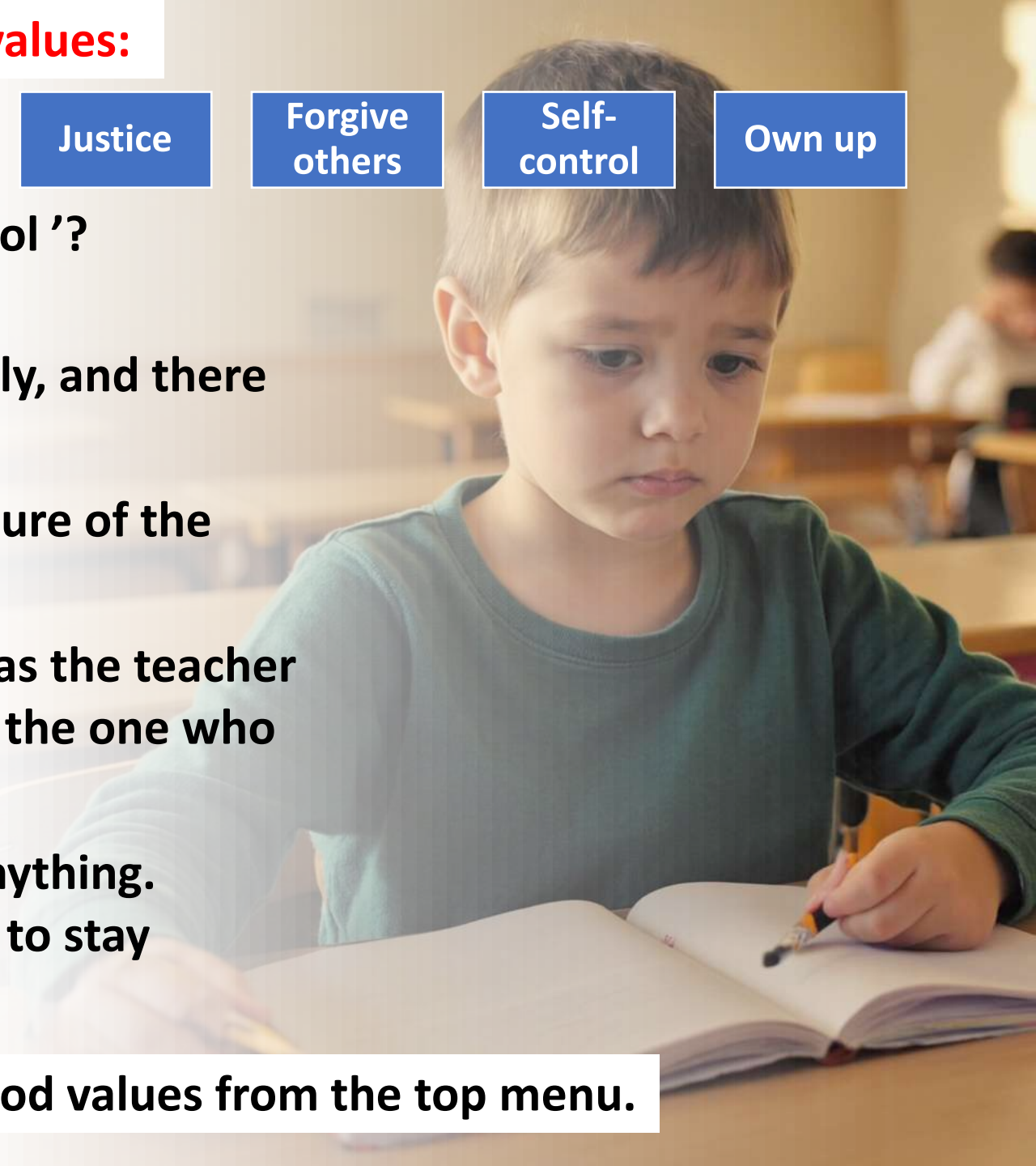
On Thursday, Edward got to the classroom early, and there was no one around.

So he picked up a pen and drew a cartoon picture of the teacher on the board!

Soon, the whole class was in absolute silence as the teacher walked up and down the classroom asking for the one who did it.

Edward froze in his seat. No one was saying anything. So the teacher said that everyone would have to stay behind during break time.

Q. What should Edward do? Choose two good values from the top menu.



Good values:

Honesty

Find an adult

Kindness

Think of others

Justice

Forgive others

Self-control

Own up

Did you choose 'own up' and 'honesty'?

The good values:

The top menu has the good values to have in life, and most people would agree with them.

The Christian Faith has these good values and many more, in the form of commands.

These good values, also known as standards, are found throughout the whole Bible.

In many countries, these commands have formed the foundation for many of the Laws of that country.

In the book of Exodus, the second book of the Bible, in chapter 20, a well-known group of commands can be found, and they are called 'The Ten Commandments'.

Although they were written for the Israelites, these commands are for all people then and now, and all people everywhere.

Q. Does anyone know any of the Ten Commandments?

Here are the Ten Commandments. (Based on the original text, but written by Peter Reason).

(Teacher's note: The numbers relate to the 10 commandments and not to the verse numbers in Exodus.)

"I am the Lord your God who freed you from your slavery in Egypt.

1) You shall worship no other gods other than Me.

2) You shall not create any image to worship it, including anything in the heavens above, or on the earth, or in the sea. You must never bow down or worship these things in any way; for I, the Lord your God, am very possessive of your affections. And when I punish people for their sins, this punishment continues upon all those who hate Me, right down through the different generations, but I lavish My love upon thousands of people who love Me and who obey My commands.

3) You shall not use the name of the Lord your God as a swear word, for you will be guilty if you misuse My name.

4) Remember to keep the Sabbath day as a special day, which is set aside for you to think about the Lord your God. Six days a week are for your regular work, but the seventh day is a day of rest to the Lord your God. On that day, you are to do no work, nor should anybody in your household. For in six days the Lord made the heaven, earth, and sea, and all that is in them, but He rested on the seventh day. Therefore, He made the Sabbath day special...”

(Teacher's note: The Israelites kept Saturday as their Sabbath, whereas Christians keep Sunday as their special day, because Jesus Christ rose from the dead on that day. But most Christians don't make it a legal requirement.)

Q. The first 4 commands, who or what do they relate to?

A young man on the left is pointing his finger towards the right. A young woman on the right has a surprised expression, with wide eyes and an open mouth. The background is a soft, out-of-focus grey.

Answer: The first 4 commands tell us how we should behave towards God.

The Ten Commandments continue:

“5) Give honour to your father and mother, so that you may have a long and good life in the land the Lord your God will give to you.

6) You must not murder anyone.

7) If you are married, you must not sleep with anyone other than your partner.

8) You must not steal.

9) You must not lie.

10) You must not be envious of other people’s possessions, or their family, or of who or what they are.” Exodus 20:2-17 Peter Reason

Q. The last 6 commands, who or what do they relate to?

Answer: The last 6 commands tell us how to behave towards other people.

Q. What do you think of the 10 Commandments?

Q. Are some of those commandments, or all of them, still relevant to us now?

There are many voices in our world, so many influencers, the media, people we know, etc.

Q. How do you know what is right or wrong?



Here are the different voices:

1) Certain people:

They tell us what they believe is wrong and right:

- Parents, grandparents and older family members.
- School teachers.
- Friends.

2) The media:

Feeds us with what they believe is wrong and right:

- Social Media.
- TV and radio.
- Films at the cinema, or on video, or DVD.
- Magazines, comics, books and newspapers.
- The internet.





3) The Government and the Courts:

Politicians and judges make Laws according to what they believe is wrong and right.

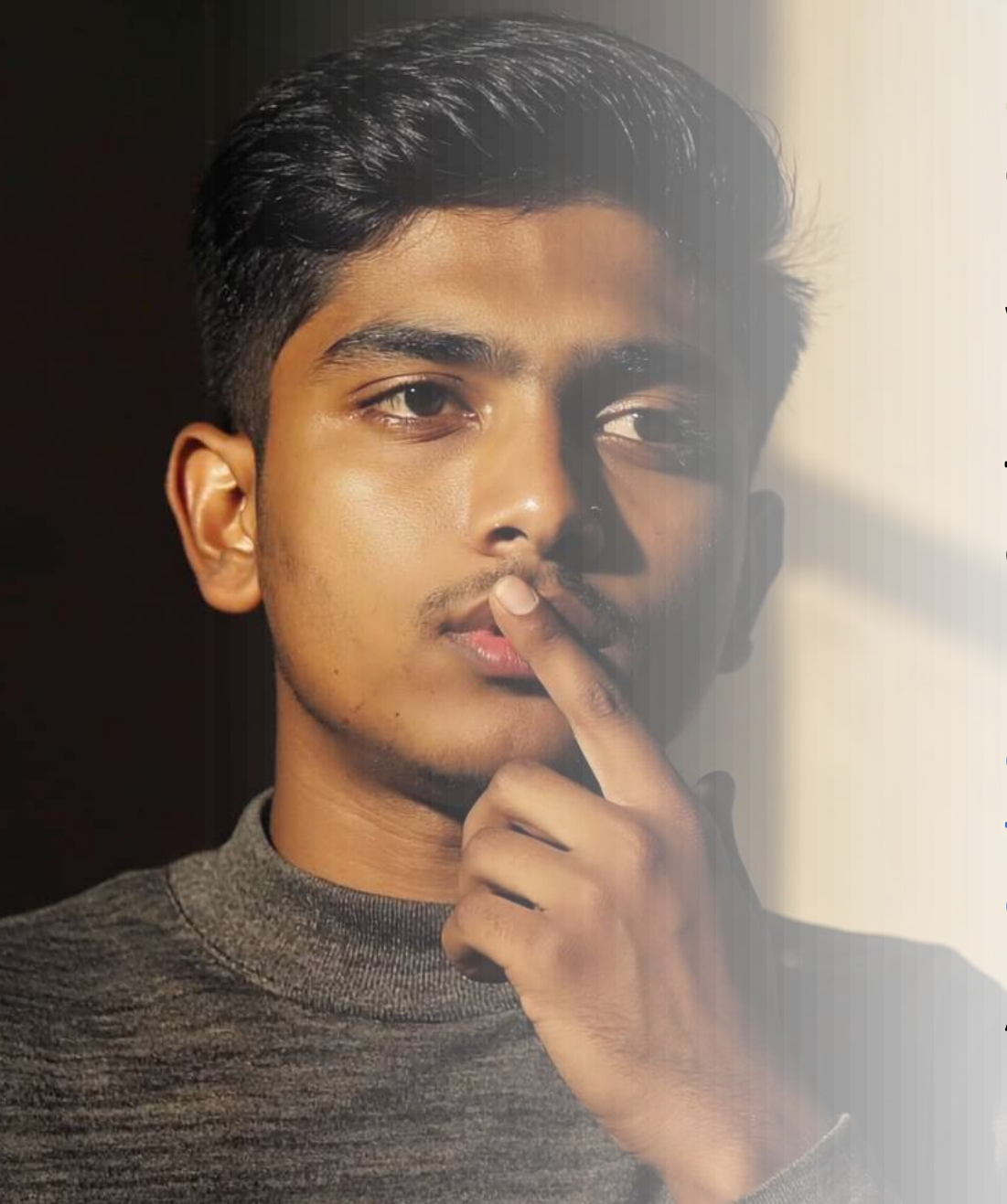
4) World Religions:

Different faiths say what they believe is wrong and right through their books and writings.

5) The Bible:

Christians believe that the Bible contains a set of values and standards that can be trusted.

Christians believe that the only sure way to know what is wrong and what is right is to consult God, the Designer and Creator of everything!



6) Our own conscience:

Our conscience tells us what is wrong and right. It gives us a feeling of guilt if we do something wrong, and a feeling of peace when we do the right thing.

The Bible tells us that God has given us all a level of knowing what is wrong and right:

“for down in their hearts (that is, everybody), **they know right from wrong.**

God’s laws are written within them; their own conscience accuses them, or sometimes excuses them.”

Romans 2:12 (The Living Bible)

As we get older, we get more and more influenced by friends, Social Media, TV, films, magazines, the internet, etc, and our conscience gets altered.

Q. How could anyone do something terrible, but their conscience says it’s okay?

Answer:

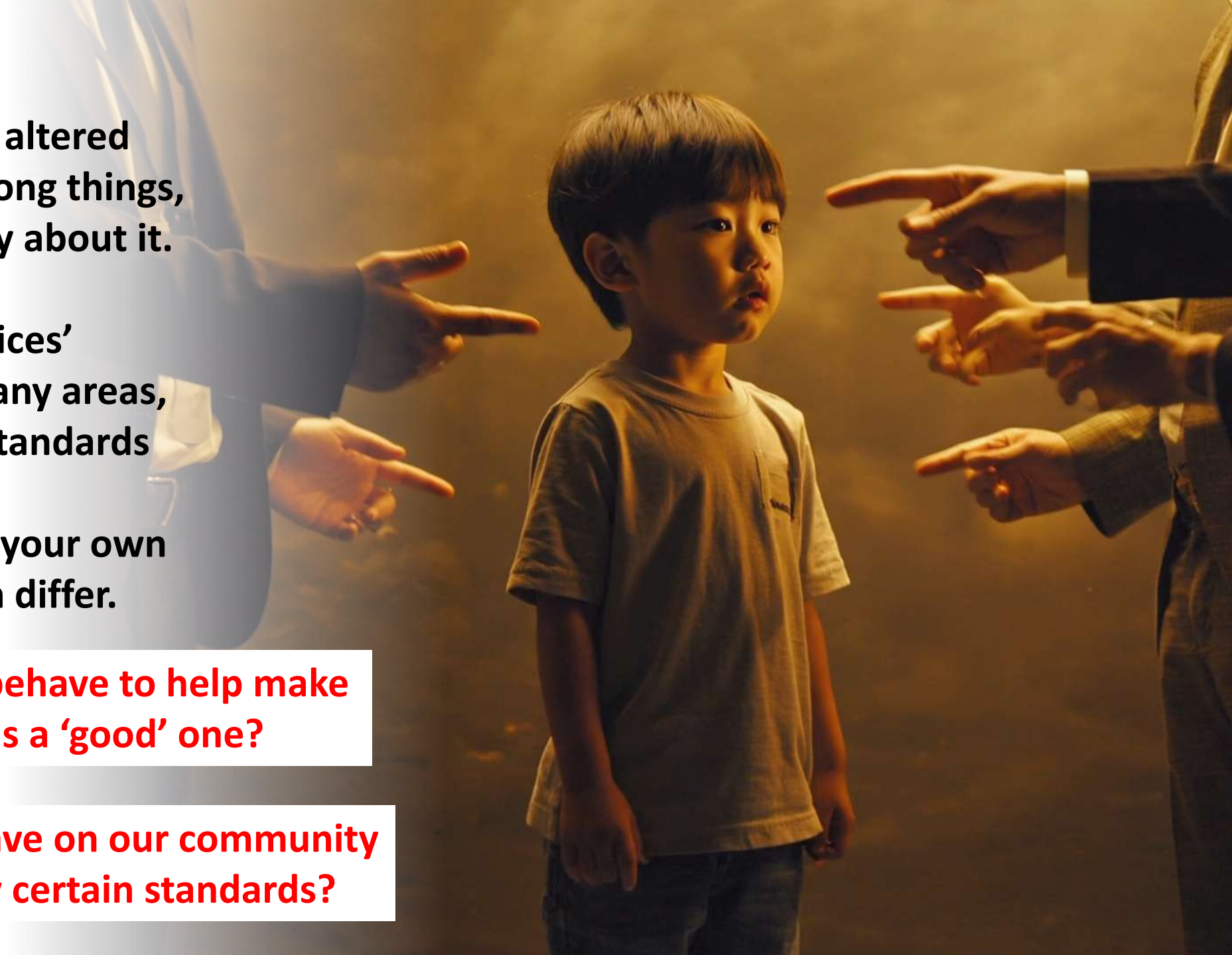
Their conscience gets so altered that they keep doing wrong things, and they don't feel guilty about it.

All of these 'different voices' (1 to 6) may agree on many areas, but there will be some standards that will vary.

So you have to make up your own mind on the areas which differ.

Q. How should people behave to help make sure a community is a 'good' one?

Q. What effect do we have on our community when we don't follow certain standards?



Name:

Date:

Specific assessment for this lesson:

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A printable Religious Education Assessment Checklist KS1 and KS2 is downloadable at:
<https://notmanywise.uk/assessment-sheet>

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lesson plans,
videos and other
resources at
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